



Royal Sutton Coldfield Athletics Club

Records - U11 girls to senior women



	U11 Girls	U13 Girls	U15 Girls	U17 Women	Junior Women	Senior Women
60m	Freya Liddington					
	9.62					
	2014					
60m (indoors)		Isabel Male	Isabel Male	Isabel Thomas-Male	Fiona Ellis	Hayley Jones
		8.5	7.89	7.85	7.8	8.0
		2017	2018	2020	1994	1994
60m hurdles (indoors)			Aiza Ulhaq	Kathryn Smith	Sharon Price	
			10.67	10.33	9.22	
			2025	2009	1994	
75m	Florence Thomas-Male	Isabel Male				
	10.7	10.00	n/a	n/a	n/a	n/a
	2019	2017				
100m Indoors		Isabel Male	Isabel Male			
		13.46	12.52			
		2017	2018			
100m	Michelle Lake/Sharon Price	Isabel Male	Isabel Thomas-Male	Isabel Thomas_Male	Zena Hurdower	Charmaine Riley
	14.8	12.94	12.32	12.3	12.1	12.13
	Both 1986	2017	2019	2021	1985	2007
70m hurdles		Harriet Ferguson / Eleanor Williams				
	n/a	12.5	n/a	n/a	n/a	n/a
		2001 & 2011				
75m hurdles		K. Higgins	Rachel Kules	Tessa Fenoughty		
		15.5	12.2	12.8	n/a	n/a
		1983	1994	1978		
80m hurdles			Jane Guest	Lynn Price	Kathryn Smith	
	n/a	n/a	13.3	12.5	14.8	n/a
			1982	1994	2011	
100m hurdles				Jane Guest	Sharon Price	Hayley Jones
	n/a	n/a	n/a	16.0	14.66	14.6
				1983	1994	1994
200m hurdles				Jane Guest		
	n/a	n/a	n/a	34.3	n/a	n/a
				1983		
150m	Florence Thomas-Male	Isabel Male		Kathryn Smith		
	22.09	19.37	n/a	20.13	n/a	n/a
	2019	2017		2009		
200m	Michelle Lake	Isabel Male	IsabelThomas-Male	Isabel Thomas-Male	Zena Hurdower	Charmaine Riley
	29.7	26.85	25.02	24.9	24.8	25.1
	1986	2017	2019	2020	1985	2008
200m (indoors)			Florence Thomas-Male	Isabel Thomas-Male	Isabel Thomas-Male	
			26.75	25.2	25.45	
			2023	2020	2023	
300m	n/a	n/a	Elizabeth Fox-Payne	Holly Barlow		
			42.15	39.4	n/a	n/a
			2021	2003		
300m (indoors)			Elizabeth Fox-Payne			
			2022			
			43.17			
300m hurdles				Theresa Pugh		
	n/a	n/a	n/a	46.1	n/a	n/a
				1994		
400m			Charlotte Prince	Gabrielle Kinney	Holly Barlow	Charmaine Riley
	n/a	n/a	64.4	59.1	56.03	56.05
			2020	2010	2005	2005
400m hurdles				Theresa Pugh	Justine Kinney	Justine Kinney
	n/a	n/a	n/a	67.2	59.71	57.51
				1994	2006	2009
600m	Charlotte Prince	Maddie Hammond				
	1.57.5	1.46.6	n/a	n/a	n/a	n/a
	2016	2016				
800m	Michelle Lake	Suzanne Hasler	Elmena Saunders	Dani Walker	Emily Hathaway	Jordan Kinney
	02:46.4	2.22	2.15.2	02:09.26	2.09.06	02:09.4
	1986	1994	2012	2005	1999	2010
1000m	Tiffany Latham	Maddie Hammond				
	3:48:04	3.19.3	n/a	n/a	n/a	n/a
	2019	2016				
1200m	Tiffany Latham	Alice Guest				
	4:23:09	3.56.8	n/a	n/a	n/a	n/a
	2019	2003				
1500m	Liz Neaves	Martha Wood	Dani Walker	Dani Walker	Jordan Kinney	Laura Whittle (Kenney)
	55:12.0	5.02.8	4.34.87	4.25.37	4.26.7	4.09.2
	1979	2018	2003	2006	2009	2009
1500m steeplechase				Katie Ingle	Katie Ingle	Katie Ingle
	n/a	n/a	n/a	5.29.1	4.50.89	4.45.13
				2011	2014	2018
1 mile	Tiffany Latham		Lara Beddow	Monique Powell	Sian Duval	Laura Whittle (Kenney)
	6:05:06	n/a	6:22:30	4.56.2	5:25:10	4.46.9
	2019		2023	2007	2023	2008
2000m steeplechase					Katie Ingle	Katie Ingle
	n/a	n/a	n	n/a	6.55.7	6.43.13
					2012	2015
2000m walk		Ruth Middleton				
	n/a	12:18.8	n/a	n/a	n/a	n/a
		1975				
3000m	Tiffany Latham		Megan McBrien	Dani Walker	Laura Whittle (Kenney)	Laura Whittle (Kenney)
	12:15:26	n/a	10:34.7	10.01	09:24.6	8:50.37
	2019		2011	2005	2004	2009
					Katie Ingle	Katie Ingle

3000m steeplechase	n/a	n/a	n/a		10:13.99	10 02 34
					2014	2017
2 miles						Laura Whittle (Kenney)
						9.49.75
						2014
5,000m	n/a	n/a	n/a	n/a	Laura Whittle (Kenney)	Laura Whittle (Kenney)
					16:45.2	15.08.58
					2004	2016
5 mile						Trish Barton
	n/a	n/a	n/a	n/a		1.247222222
						1994
10,000m						Laura Whittle (Kenney)
	n/a	n/a	n/a	n/a		32:46
						2010
10 mile						Alison Butler
	n/a	n/a	n/a	n/a		2.559722222
						1983
Half Marathon					Amy Johnson	Megan McBrien
	n/a	n/a	n/a	n/a	93:32	82:29
					2012	2019
15 mile						Alison Butler
	n/a	n/a	n/a	n/a		2:59:26
						1983
20 mile						Anne Roberts
	n/a	n/a	n/a	n/a		2:25:42
						1990
Marathon						Alison Butler
	n/a	n/a	n/a	n/a		2:59:26.000
						1983
4x100m	59.6	55.8	52.1	51.3	50.6	50.3
	1979	2021	2023	2021	2024	1982 / 2014
		Mollie Beeton, Sofia Shorrock, Florence Thomas-Male, Isabel Russon	Sofia Shorrock, Florence Thomas-Male, Isabel Russon, Florence Kinson	Isabel Thomas-Male, Matilda Strachan, Lola Woodward, Bethany Connolly	Sofia Shorrock, Charlotte Prince,Florence Thomas-Male, Bethany Connolly	1982 - S. McDonald, J. McKoy, Z. Hurdower, S. Lerner
						2014 - Charmaine Riley-Nelson,Kanisha Hector, Joella Spencer and Amiyah Forrest
4x300m			3.02.8			
			2022			
			Florence Thomas-Male			
			Elizabeth Fox-Payne			
			Willow McCarthy-Brown			
			Elizabeth Fleming			
4x400m						3.59.4
						2008
						Charmaine Riley
						Jordan Kinney
						Justine Kinney
					Monique Powell / Chloe Robathan	
Mixed 4 x 400m	4:13:09					
	2024					
	Georgia Delaney					
	Sian Duval					
	Paul Newark					
	Shem Nelson					
High Jump	Jayne Harrison / Freya Liddington	Jayne Harrison	Suzanne Bourne	Charlotte Underhill & C. Humphreys	Charlotte Underhill	C. Humphreys
	1.15m	1.38m	1.53m	1.55m	1.55m	1.55m
	1979 / 2014	1981	1977	2010 & 1979	2011	1979
Long Jump	Rebecca Woodford	Rebecca Woodford	Lyndsey Singer	Debbie Harrison	Megan Evans	Hayley Jones
	4.35m	4.70m	5.40m	5.40m	5.38m	5.68m
	1993	1995	1997	1995	2002	1994
Triple Jump				Megan Evans	Megan Evans	Megan Evans
	n/a	n/a	n/a	10.56m	11.09m	10.82
				2001	2002	2012
Pole Vault			Lucy Denver	Charlotte Prince	Charlotte Prince	
	n/a	n/a	2.02	2.90	3.43	
			2025	2022	2025	
Howler	Freya Liddington					
	30.04m	n/a	n/a	n/a	n/a	n/a
	2014					
Javelin		Jasmine Walker	Charlotte Gimson	Charlotte Gimson	Charlotte Gimson	Anna Price
	n/a	28.35	600g - 35.25m	40.17m	42.00m	40.20m
		2015	2006	2007	2009	2006
Javelin			Jasmine Walker	Jasmine Walker		
			500g 38.09m	39.54		
			2017	2020		
Discus		Kaia Kotlinska	Natalie Kerr	Chrissie Prince	Chrissie Prince	Chrissie Prince
	n/a	16.99	39.54	33.40	33.79	37.91
		2023	1994	2014 + 2015	2017	2024
Shot Putt (2.72kg)		Regan Keating				
	n/a	8.57m				
		2014				
Shot Putt (3kg)			Natalie Kerr	Chrissie Prince		Chrissie Prince
	n/a		11.28m	10.69m		9.98
			1994	2014		2023
Shot Putt (4kg)			Natalie Kerr	Chrissie Prince	B. Malony	Chrissie Prince
	n/a		11.28m	9.15	11.71m	9.91
			1994	2015	1979	2018
Hammer (3kg)			Madeline Hughes	Chrissie Prince		
	n/a	n/a	41.11	41.99		
			2018	2015		
Hammer (4kg)				Chrissie Prince	Chrissie Prince	Chrissie Prince
				34.55	44.38	48.93
				2015	2018	2022