



Royal Sutton Coldfield Athletics Club

Records - Veterans men



	M35*	M40	M45	M50	M55	M60	M65	M70	M75	M80
60m (Indoors)		John Topliss	Donald Brown	Ron Taylor	Donald Brown	Peter Ilo	Bill Morrow		Bill Morrow	
		7.4	7.27	7.4 WR	7.58	8.24	10.04		12.51	
		1984	2011	1984/85/86	2020	2021	1997		2005	
80m		Joe Caines	Graham Felton	Ron Taylor						
		9.3	10.2	9.6						
		1995	1995	1986						
100m	Paul Newark	Peter Goulding	Donald Brown	Ron Taylor	Ron Taylor	Peter Ilo	John Topliss	John Topliss	Roy	
	12.3	11.2 (hand time)*	11.41	11.38 ER	11.3	12.66	14.11	15.78	19.6	
	2024	1991	2009	1985	1990	2021	2008	2015	2019	
150m		Joe Caines								
		17.0								
		1995								
200m	Shem Nelson	Joe Caines	Joe Caines	Ron Taylor	Ron Taylor	Peter Ilo	John Topliss	John Topliss	Roy	
	23.7	22.3 BAR(40)	22.78	22.91 WR	23.03 WR	26.24	29.04	33.70	38.56	
	2024	1992	1998	1986	1989	2021	2008	2015	2019	
200m (Indoors)				Ron Taylor	Ron Taylor	Peter Ilo				
				23.8 WR	24.7 WR	26.93				
				1986	1990	2022				
300m		Joe Caines	Trevor Brown	Ron Taylor	Donald Brown	Bill Morrow				
		37.1	40.4	36.3 WR	39.17	51.7				
		1994	1986	1986	2019	1991				
300m (Indoors)						Peter Ilo				
						43.29				
						2021				
400m	Shem Nelson	Joe Caines	Joe Caines	Ron Taylor	Reg Phipps	Peter Ilo	Reg Phipps	Tom Wyer		
	52.19	50.5 BAR (44)	50.55	51.8 WR	56.4	58.59	67.9	79.68 (Indoors)		
	2024	1996	1998	1986	1997	2021	2008	2003		
800m	Fred Tremblay	Les Duffy	Les Duffy	Reg Phipps	Reg Phipps	Reg Phipps	Reg Phipps	Tom Wyer	Tom Wyer	
	1.56.8	1.56.02 BAR (43)	1.57.2 BR	2.01.3 BAR (52)	2.04.9 WR	2.16.07	2.31.2	2.55.51	3.19.8	
	2015	1989	1991	1995	1999	2005	2008	2002	2006	
800m (Indoors)	Fred Tremblay				Reg Phipps			Tom Wyer	Tom Wyer	
	1.57.87				2.08.15 BR,ER			2.55.3	3.22.53	
	2014				1999			2002	2006	
1500m	Nick Corker	Les Duffy	Les Duffy	Reg Phipps	Reg Phipps	Reg Phipps	Reg Phipps	Tom Wyer	Tom Wyer	
	4.13.38	4.02.0	4.18.3	4.12.6 BAR (52)	4:27.2	4:43.7	5.17.1	6.01.32	6.43.6	
	2012	1986	1991	1995	2000	2005	2008	2002	2006	
1500m (Indoors)									Tom Wyer	
									6.47.16	
									2006	
1 mile	Fred Tremblay	Steve Mason	Barry Loyd	Rob Andrew		Steve Marklew				
	4.40.4	4.29.2	5:05.4	4.42.58		5:52:02				
	2013	1985	2022	2014		2024				
3000m	Nick Corker	Steve Mason	Steve Mason	Reg Phipps	Reg Phipps	Reg Phipps	Roy Humpherson	Tom Wyer		
	9.10.6	9.02.9	9.25.4	9.20.7	9.59.9	11.00.2	12.01.6	13.53.1		
	2013	1987	1990	1993	1999	2004	2009	2003		
3000m (Indoors)				Peter Parker						
				9.44.57						
				2004						
5000m	Nick Corker	Peter Parker	Steve Marklew	Peter Parker						
	15.56.59	15.48.0	16.45.2	16.59.74						
	2013	1995	2010	2004						
10000m		Steve Mason					Richard Cashmore			
		32.16.0					43.23.88			
		1985					2004			
1500m walk		Mac Podmore	Mac Podmore							
		8.00.8	7.52.6							
		1985	1988							
2000m walk		Ron Payne	Mac Podmore	Ron Payne	Mac Podmore	David Fall	Gordon Chapman	Gordon Chapman	Gordon Chapman	Gordon Chapman
		11.22.7	10.43.1	10.19.5	11.19.6	11.57.0	13.03.0	13.07.8	13.42.9	15.44.0
		1990	1989	1994	1997	2006	1997	2002	2007	2012
3000m walk		Tony Smith			David Fall			Gordon Chapman	Gordon Chapman	
		19.36			17.54.9			20.54.10	22.01.78	
		1984			2004			2006	2007	
3000m walk (Indoors)					David Fall					
					18.32.54					
					2004					
5000m walk		Tony Smith			David Fall			Gordon Chapman	Gordon Chapman	
		30.54.8			31.29.22			34.45.3	34.47	
		1984			2004			2004	2007	
20000m walk									Gordon Chapman	
									2.42.01	

									2007	
60m hurdles			Donald Brown	Donald Brown	Donald Brown					
			8.66	8.66	8.91					
			2011	2015	2020					
100m hurdles				Donald Brown	Donald Brown					
				14.34	14.62					
				2015	2019					
110m hurdles		Donald Brown	Donald Brown							
		16.83	16.26							
		2008	2009							
200m hurdles		Mark Green	John Topliss							
		29.5	32.0							
		1988	1989							
400m hurdles	Nick Corker	Arthur Orr								
	65.1	64.3								
	2013	1985								
2000m steeplechase	Nick Corker	Nick Corker								
	6.34.1	6.57.3								
	2014	2015								
3000m steeplechase	Nick Corker	Nick Corker	Mac Podmore							
	10.01.8	10.20.0	11.41.0							
	2014	2015	1988							
Half Marathon	Oliver Harradence	Oliver Harradence	Steve Marklew	Peter Parker	Richard Cashmore	Richard	Roy Humpherson	Richard	Laurence Kyd	
	71:52	68:54	74:54	76:00	83:12	86:35	94:09	99:50	2:27:54	
	2019	2022	2010	2004	1996	1998	2009	2007	2012	
Marathon	Oliver Harradence	Oliver Harradence	Steve Marklew	Richard Naylor	Richard Cashmore	Richard	Roy Humpherson	Laurence Kyd		
	2:32:32	2:28:42	2:36:58	2:42:14	2:57:47	2:58:04	3:22:38	4:58:07		
	2019	2023	2009	2023	1997	1999	2009	2010		
4x100m		Arthur Orr	Graham Felton							
		Barry Moulton	Reg Phipps							
		Trevor Brown	Les Duffy							
		John Topliss	Joe Caines							
		46.3 BR	49.8 BR							
4x100m (Indoors)		1985	1998							
		Trevor Brown								
		Barry Moulton								
		John Topliss								
		Ron Taylor								
4x200m		48.1 WR								
		1985								
		Trevor Brown	Graham Felton	John Topliss						
		Arthur Orr	Reg Phipps	Reg Phipps						
		John Topliss	Les Duffy	Peter Goulding						
4x200m (indoors)		Ron Taylor	Joe Caines	Les Duffy						
		1.35.9 BR	1.42.8 BR	1.45.5 BR						
		1984	1998	1999						
		Barry Moulton								
		Arthur Orr								
4x400m		John Topliss	Les Duffy	Les Duffy						
		3.34.51 BR	4.04.2 BR							
		1992	1999							
		Les Duffy								
		Graham Felton								
Medley Relay 200/200/400/800		Peter Goulding		Joe Cox						
		Joe Caines		John Topliss						
		Les Duffy		Reg Phipps						
		John Topliss		Les Duffy						
		3.49.0								
High Jump		1993								
		Donald Brown	Donald Brown	Peter Goulding / Donald Brown	Joe Harrison	Joe Harrison	Graham Felton			
		1.66	1.72	1.55	1.55	1.45	1.10			
		2008	2009	1997 / 2014	1993	1998	2014			
Long Jump		Donald Brown	Barrington	Peter Goulding	John Topliss	John Topliss	John Topliss	Jhalman Singh	Jhalman Singh	
		6.28	7.03 (BR)	5.22	5.06	4.8	4.55	3.65	3.25	
		2008	2001	1997	1999	2004	2005	2011	2013	
Long Jump (Indoors)									Bill Morrow	
									2.5	
									2005	
Triple Jump	Fred Tremblay	Peter Goulding	Barrington	John Topliss	John Topliss	John Topliss	John Topliss	Roy Humpherson	Roy	
	10.35	11.86	11.97	10.48	10.3	9.57	8.58	5.5	5.16	
	2013	1990	2001	1994	1999	2003	2010	2016	2019	
		Arthur Orr	Arthur Orr	Arthur Orr		David Price				

Pole Vault		3.0	3.25	3.25		1.6			
		1986	1992	1994		2004			
Javelin (500)								David Price	David Price
								33.32	26.93
								2010	2016
Javelin (600)						David Price	David Price	David Price	David Price
						36.91	34.14	32.09	26.78
						2001	2006	2012	2016
Javelin (700)				David Price	Ron Taylor	David Price	David Price	David Price	David Price
				47.1	41.04	36.16	31.6	29.73	26.70
				1991	1990	2002	2007	2012	2015
Javelin (800)		Donald Brown	John Topliss	David Price		David Price	David Price	David Price	
		39.55	35.5	48.34		35.43	28.74	24.17	
		2008	1991	1990		2001	2007	2015	
Discus (1kg)						Graham Felton	Tom Wyer	Swaran Singh	Tom Wyer
						31.22	26.61	35.68	20.76
						2012	1999	2015	2006
Discus (1.5kg)				Kevin Brown	Kevin Brown	Graham Felton	Graham Felton		
				47.76	49.59	25.67	23.24		
				2018	2021	2013	2014		
Discus (2kg)		Kevin Brown	Kevin Brown	Kevin Brown	Kevin Brown	Graham Young	Graham Felton	John Topliss	
		57.87	53.65	42.9	38.59	22.66	20.14	14.27m	
		2007	2010	2015	2022	2002	2016	2014	
Shot Putt (4kg)									
Shot Putt (5kg)						Graham Felton	Terry Cole	Swaran Singh	Jhalman Singh
						10.47	9.78	9.37m	8.31
						2009	2009	2014	2013
Shot Putt (6kg)				Kevin Brown	Donald Brown	Graham Felton	Terry Cole		
				11.78	10.71	9.5	9.07		
				2016	2020	2009	2008		
Shot Putt (7.26kg)		Kevin Brown	Donald Brown	Kevin Brown	Kevin Brown	Graham Felton	Graham Felton	John Topliss	
		12.39	12.1	10.64	9.50	8.68	8.50	4.31	
		2009	2009	2015	2021	2012	2016	2014	
Hammer (4kg)									
Hammer (5kg)						Graham Felton	Graham Felton		
						27.46	25.87		
						2013	2016		
Hammer (6kg)				Kevin Brown	Graham Young	Graham Young	Graham Felton		
				35.34	27.36	22.92	18.03		
				2016	1997	2004	2015		
Hammer (7.26kg)		Donald Brown	Kevin Brown	Kevin Brown	Kevin Brown	Graham Young	Graham Felton	John Topliss	
		32.02	36.58	36.24	27.19	20.88	18.81	6.23	
		2008	2011	2016	2022	2002	2014	2014	
Pentathlon		Ed Saunders				John Topliss	Tom Wyer	Tom Wyer	Tom Wyer
		1491				2558	2254	2549	2175
						2004	1998	2004	2006
Pentathlon (Indoors)		Donald Brown	Donald Brown						
		3285	3634						
		2008	2009						
Decathlon		Donald Brown							
		5483							
		2008							
Key									
BR		British Record							
BAR		British Age Record							
ER		European Record							
WR		World Record							
The performances denoted as British, European and World records were records at the date achieved.									
* Records include performances from 2010 onwards. No records were maintained prior to this date.									