

**Little Aston 5
5 mile road race**

Position	No	M/F	Surname	First Name	Club	Age Category	Time
1	361	M	Harradence	Oliver	RSCAC	M 35-39	27.25
2	313	M	Evans	Shaun	RSCAC	OPEN M	27.52
3	371	M	Rickards	Mark	RSCAC	OPEN M	30.35
4	341	M	Smith	Michael	Cannock & Stafford	OPEN M	31.00
5	325	M	Rhodes	Simon	Birchfield Harrier	M 35-39	31.14
6	303	M	Austin	Jerome	RSCAC	OPEN M	31.40
7	377	M	Liddell	David	RSCAC	M 40-44	32.42
8	338	F	Padbury	Bethan	Hinckley Running Club	OPEN F	34.10
9	345	M	Jones	Liam		OPEN M	34.37
10	319	M	Lalli	Nicks	Tipton Harriers	OPEN M	34.38
11	363	M	Humm	Andrew		OPEN M	34.49
12	324	M	Musson	Daniel	RSCAC	M 35-39	35.14
13	333	M	Moran	Brian		M 60-64	35.27
14	348	M	Green	Steve	West Bromwich Harriers	M 35-39	35.45
15	330	M	Howell	Garry	West Bromwich Harriers	M 45-49	36.01
16	358	M	Barnes	Nigel	SE Fitness	M 50-54	36.09
17	373	M	Blunt	Nick		OPEN M	36.23
18	353	M	Powell	Matt	RSCAC	OPEN M	36.28
19	326	M	Dedicoat	Barry		M 40-44	36.29
20	347	F	Ross	Nicola	West Bromwich Harriers	F 40-44	37.05
21	322	F	Pollock	Fay		F 35-39	37.10
22	346	M	Wall	Martin	Aldridge Running club	M 35-39	37.12
23	305	M	Robinson	Gordon	SE Fitness	M 50-54	37.20
24	328	M	Jones	Paul	Aldridge Running club	M 50-54	37.47
25	318	M	Allen	David		M 40-44	37.48
26	331	M	Spellacy	Adam	West Bromwich Harriers	OPEN M	38.19
27	375	F	Anderson	Sian		OPEN F	38.28
28	327	M	Whitmore	Clive	Aldridge Running club	M 60-64	38.30
29	370	M	D'arcy	Terence		M 55-59	38.48
30	355	F	Wills	Michelle	SE Fitness	OPEN F	38.56
31	367	M	Vigrass	Jason	Aldridge Running club	M 40-44	39.05
32	306	M	Portman	Richard	SE Fitness	M 50-54	39.31
33	332	M	Jennines	Chris	RSCAC	M 50-54	39.33
34	352	F	Cunningham	Jo		OPEN F	39.43
35	359	M	Finnegan	Paul		M 50-54	39.49
36	356	F	Hobin	Mary	SE Fitness	F 45-49	39.58
37	336	F	Griffin	Leah	RAF athletics	F 40-44	40.19
38	362	F	Thomson	Lesley		F 50-54	41.03
39	354	M	Sircom	Jamie	Halesowen AC	M 40-44	41.33
40	344	F	Overy	Emma	RSCAC	OPEN F	41.45
41	343	F	Smith	Pauline	Aldridge Running club	F 55-59	41.48
42	357	M	Adkins	Craig	RSCAC	M 50-54	41.51
43	309	F	Davies	Anna	Aldridge Running club	F 40-44	42.02
44	314	M	Brennan	Peter	Aldridge Running club	M 45-49	42.21
45	334	F	Johnson	Barbara	Aldridge Running club	F 45-49	42.29

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46	364	M	Hammond	Richard	SE Fitness	M 40-44	42.51
47	368	M	Romaldowski	Wojciech	Aldridge Running club	M 35-39	43.27
48	323	M	Lalli	Gurjinder		M 35-39	43.32
49	311	M	Bradley	Liam	Aldridge Running club	M 65-69	43.33
50	376	M	Anderson	George		OPEN M	43.40
51	374	M	Anderson	Rob		M 45-49	44.37
52	317	M	Whitehouse	Mike		M 55-59	45.15
53	372	F	Wright	Abigail	Aldridge Running club	F 35-39	45.31
54	342	M	Sadler	Mick	City of B'ham Orienteering	M 65-69	45.33
55	365	F	Stevens	Lisa Ann	Twin core	F 40-44	45.48
56	339	F	Kitely	Karen	Aldridge Running club	F 45-49	46.43
57	316	M	Simpson	Peter		M 65-69	47.25
58	340	F	Hirst	Helen	Aldridge Running club	F 60-64	47.33
59	366	F	Madill	Kim		F 35-39	47.39
60	335	F	Waple	Karen	Aldridge Running club	f 55-59	47.43
61	360	M	Baker	Tony	Aldridge Running club	M 55-59	48.02
62	304	F	Robinson	Hazel	SE Fitness	F 45-49	49.06
63	351	F	Loach	Deborah	Twin core	F 55-59	49.20
64	369	F	Shaw	Jackie	Aldridge Running club	F 55-59	49.22
65	329	M	Stanley	Mike	SE Fitness	M 70+	49.34
66	321	M	Rogers	Mike	Aldridge Running club	M 70+	49.59
67	310	M	Shearer	Peter		M 60-64	50.09
68	349	M	Hastings	Terry	Aldridge Running club	M 65-69	50.52
69	337	F	Preece	Adele		F 35-39	54.18
70	315	F	Watson	Carol	Aldridge Running club	F 60-64	56.24
71	308	F	Cundliffe	Linda	Aldridge Running club	F 55-59	57.14
72	320	F	Waterworth	Michelle	SE Fitness	F 40-44	58.36
73	350	F	Hastings	Gillian	Aldridge Running club	F 60-64	58.57
74	307	F	Hall	Jennifer		F 45-49	64.33
75	301	F	Ling	Kathy	Wrekin	F 70+	64.45
76	302	F	Janet	Pugh	Wrekin	F 65-69	64.45