



Royal Sutton Coldfield Athletics Club

Records - U11 boys to senior men



	U11 Boys	U13 Boys	U15 Boys	U17 Boys	Junior Men	Senior Men
60m (Indoors)			Stefan Anderson 7.58 2011	Neil Mitchell 7.1 2001	Daniel Caines 6.99 1998	Nicholas Pryce 7.01 2013
80m	Andrew Evans 12.0 1991					
100m	David Coleman 13.9 1988	S Spencer/R McDonald 12.9 1980 / 2003	Stefan Anderson 11.4 2011	Neil Mitchell 11.1 2001	Daniel Caines 10.6 1996	Nicholas Pryce 10.7 2013
200m	Daniel Caines 29.3 1989	Ross McDonald 26.6 2003	Stefan Anderson 22.88 2011	Nicholas Pryce 22.1 2009	Daniel Caines 21.4 1998	Nicholas Pryce 21.38 2013
200m (Indoors)			Stefan Anderson 24.0 2011	Nicholas Pryce 23.03 2009	Daniel Caines 21.6 1998	Nicholas Pryce 21.91 2012
400m		Andrew Evans 62.0 1993	Ross McDonald 51.49 2005	Ross McDonald 50.08 2006	Daniel Caines 47.1 1998	Nicholas Pryce 48.7 2013
400m (Indoors)				Ross McDonald 48.78 2007	Daniel Caines 48.09 1998	Nicholas Pryce 49.33 2012
600m	Andrew Evans 1.48.0 1991					
800m	Andrew Evans 2.28.9 1991	Jacob Hickey 2.17.9 1989	Mark Murray 2.06.1 1997	Carl Warren 1.57.6 1986	Dominic Middleton 1.54.8 1987	Carl Warren 1.53.9 1990
1500m	Andrew Evans 5.08.6 1991	James Goode 4.39.2 1998	Jamie Hussey 4.21.0 1983	Spencer Duval 3.59.9 1986	Dominic Middleton 3.54.6 1987	Dominic Middleton 3.48.3 1990
1 mile	Andrew Brooks 5.38.0 1989	Jacob Hickey 5.07.2 1989	Andrew Evans 4.56.5 1995	Paul Calvert 4.35.5 1992	Dominic Middleton 4.17 1987	David Hope 4.15.2 1990
3000m		Jamie Hussey 10.31.7 1980	Greg Duvall 9.22.9 2004	Dominic Middleton 8.41.7 1986	David Hope 8.25.3 1987	Adrian O'Connor 8.18.0 1990
5000m				Alistair O'Connor 15.40.8 1987	Alistair O'Connor 14.42.0 1990	Adrian O'Connor 14.28.1 1990
10000m				Duncan Mason 36.50.5 1984		Peter Marshall 32.45.0 1984
70m hurdles		Ian Nash 12.9 1980				
75m hurdles		C Surridge / B Davies 13.5 1989 / 92				
80m hurdles	Daniel Quarrel 17.4 1987	Andrew Grice 14.6 1992	Andrew Hill 11.6 2002			
100m hurdles				Andrew Hill 14.2 2002		
110m hurdles					Adam D'Arcy 16.7 1999	Brian Hughes 15.8 1994
400m hurdles				Iain McDonald 56.7 2003	Iain McDonald 53.06 2005	Keith Tarbuck 57.4 1987
1500m steeplechase				Spencer Duval 4.15.01 1986		
2000m steeplechase				Spencer Duval 6.04.1 1986	Alistair O'Connor 5.46.9 1990	Peter James 6.10.8 1993
3000m steeplechase				Simon O'Connor 9.38.16 1990	Alistair O'Connor 8.44.68 1990	Richard Mullaney 9.54.3 1994
3000m walk		Russell Mason 17.14.7 1990		Kevin Jones 18.21.6 1977		



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Records - U11 boys to senior men



	U11 Boys	U13 Boys	U15 Boys	U17 Boys	Junior Men	Senior Men
4x100m	No details of athletes names 58.7 1979	Alan Taylor Daniel Reardon James Smith Ben Davies 54.0 1992	Ross McDonald Max Haig Rob Cooper Luke Gibson 47.7 2004	Alister Breuns Nicholas Mbewe Kane Howitt Paolo Odogwu 45.55 2012	Dominic Shepherd Nicholas Mbewe Michael Iwanowicz Kane Howitt 45.8 2013	Steve Moulton Nigel Hamblin John Topliss James Simmons 44.1 1987
4x400m			Andrew Evans Mathew Riggins Mathew Hastings Mathew Cope 3.49.6 1995	C Barron D Doogan S Aucott S Faulkner 3.34.6 1993	National Junior League Team at Tamworth 3.32.2 1999*	Carl Warren Jamie Hussey Les Duffy Mark Sturch 3.26.1 1989
4x400m (indoors)						Mark Sturch James Simmons Carl Warren Russell Eames 3.28.0 1989
High Jump	Simon Kulas 1.25 1988	Daniel Reardon 1.55 1992	Daniel Reardon 1.81 1994	Iain McDonald 1.90 2003	Alistair Robinson 1.90 2003	Brian Hughes 1.98 1993
High Jump (Indoors)		James Baker 1.63 1993				
Long Jump	John Sedgwick 4.29 1991	Alan Taylor 5.05 1992	Ben Davies 5.76 1994	Paul Brinkworth 6.22 1992	aham Sutton / Kane Howitt 6.11 1982 / 2014	Donald Brown 6.78 1988
Triple Jump		Simon Merckel 9.10 1980	R Lucas 10.88 1988	Paul Brinkworth 12.63 1992	Adam D'Arcy 12.34 1999	Donald Brown 13.22 1988
Pole Vault			Neil Reynolds 3.15 1989	Neil Reynolds 3.85 1991		Mike Nicol 4.30 1993
Javelin	Ian Whitehouse 16.38 1988	James Baker 27.14 1992	Andrew Salt 43.04 1989	Richard Timmins 50.44 1993	Matt Johnson 44.16 2010	Andrew Salt 51.92 1993
Discus		Ian Nash 29.22 1980	T Morgan 33.20 1981	Connor Notley 34.77m 2013	Andrew Holden 27.44 (2kg) 1989	Paul Bryan 38.6 1992
Shot Putt	Russell Mason 4.66 1987	Richard Lloyd 12.09 1990	Richard Lloyd 13.39 (4kg) 1992	Richard Lloyd 12.26 1993	Gary Booker 9.96 senior weight 1989	Paul Bryan 12.93 1992
Hammer			Neil Goode 39.85 1998	Connor Notley 35.53 2014	Gary Booker 37.14 senior weight 1989	Paul Fletcher 37.21 1978
Decathlon						Brian Hughes 6098pts 1993

* A time of 3.32.54 was recorded in 1991 for a team comprising Roger Houghton, Simon Knights, Peter Madge and Richard Jones



Royal Sutton Coldfield Athletics Club

Records - U11 girls to senior women



	U11 Girls	U13 Girls	U15 Girls	U17 Women	Junior Women	Senior Women
60m (indoors)			Lois Cresswell 8.11 1994	Charlotte Newman 8.66 2012	Fiona Ellis 7.8 1994	Hayley Jones 8.0 1994
60m hurdles (indoors)				Kathryn Smith 10.33 2009	Sharon Price 9.22 1994	
75m	n/a	Sadie Gordon 10.7 1998	n/a	n/a	n/a	n/a
100m	Michelle Lake/Sharon Price 14.8 Both 1986	Fiona Ellis 12.8 1989	Fiona Marshall 12.9 1977	Hilary Conn 12.5 1984	Zena Hurdower 12.1 1985	Charmaine Riley 12.13 2007
70m hurdles	n/a	Harriet Ferguson / Eleanor Williams 12.5 2001 & 2011	n/a	n/a	n/a	n/a
75m hurdles	n/a	K. Higgins 15.5 1983	Rachel Kules 12.2 1994	Tessa Fenoughty 12.8 1978	n/a	n/a
80m hurdles	n/a	n/a	Jane Guest 13.3 1982	Lynn Price 12.5 1994	Kathryn Smith 14.8 2011	n/a
100m hurdles	n/a	n/a	n/a	Jane Guest 16.0 1983	Sharon Price 14.66 1994	Hayley Jones 14.6 1994
200m hurdles	n/a	n/a	n/a	Jane Guest 34.3 1983	n/a	n/a
150m	n/a	Antoinette Lee 21 1998	n/a	Kathryn Smith 20.13 2009	n/a	n/a
200m	Michelle Lake 29.7 1986	Ann Kennedy 27.5 1979	Lois Cresswell 25.62 1994	Holly Barlow 25.6 2003	Zena Hurdower 24.8 1985	Charmaine Riley 25.1 2008
300m	n/a	n/a	Mollie Darrock 45.7 2013	Holly Barlow 39.4 2003	n/a	n/a
300m hurdles	n/a	n/a	n/a	Theresa Pugh 46.1 1994	n/a	n/a
400m	n/a	n/a	n/a	Gabrielle Kinney 59.1 2010	Holly Barlow 56.03 2005	Charmaine Riley 56.05 2005
400m hurdles	n/a	n/a	n/a	Theresa Pugh 67.2 1994	Justine Kinney 59.71 2006	Justine Kinney 57.51 2009
600m	n/a	Lisa Butterworth 1.47.0 2002	n/a	n/a	n/a	n/a
800m	Michelle Lake 02:46.4 1986	Suzanne Hasler 2.22 1994	Elmena Saunders 2.15.2 2012	Dani Walker 02:09.26 2005	Emily Hathaway 2.09.06 1999	Jordan Kinney 02:09.4 2010
1000m	n/a	Hannah Phipps 3.42.0 1997	n/a	n/a	n/a	n/a
1200m	n/a	Alice Guest 3.56.8 2003	n/a	n/a	n/a	n/a
1500m	Liz Neaves 05:58.0 1979	Lisa Butterworth 05.8.5 2002	Dani Walker 04.34.87 2003	Dani Walker 04.25.37 2006	Jordan Kinney 04:26.7 2009	Laura Whittle (Kenney) 04:09.2 2009
1500m steeplechase	n/a	n/a	n/a	Katie Ingle 05:29.1 2011	Katie Ingle 4.52.77 2013	n/a
1 mile	n/a	n/a	n/a	Monique Powell 4.56.20 2007	n/a	Laura Whittle (Kenney) 04:46.9 2008
2000m steeplechase	n/a	n/a	n	n/a	Katie Ingle 06:55.7 2012	n/a
2000m walk	n/a	Ruth Middleton 12:18.8 1975	n/a	n/a	n/a	n/a
3000m	n/a	n/a	Megan McBrien 10:34.7 2011	Dani Walker 10.01 2005	Laura Whittle (Kenney) 09:24.6 2004	Laura Whittle (Kenney) 8:50.37 2009
3000m steeplechase	n/a	n/a	n/a		Katie Ingle 10:20.67 2013	n/a



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Records - U11 girls to senior women



	U11 Girls	U13 Girls	U15 Girls	U17 Women	Junior Women	Senior Women
5,000m	n/a	n/a	n/a	n/a	Laura Whittle (Kenney) 16:45.2 2004	Laura Whittle (Kenney) 15:26.96 2008
5 mile	n/a	n/a	n/a	n/a		Trish Barton 29:56:00 1994
10,000m	n/a	n/a	n/a	n/a		Laura Whittle (Kenney) 32:48:00 2010
10 mile	n/a	n/a	n/a	n/a		Alison Butler 61:26:00 1983
Half Marathon	n/a	n/a	n/a	n/a		Alison Butler 84:00:00 1983
15 mile	n/a	n/a	n/a	n/a		Alison Butler 1:45:13 1982 and 1983
20 mile	n/a	n/a	n/a	n/a		Anne Roberts 2:25:42 1990
Marathon	n/a	n/a	n/a	n/a		Alison Butler 2:59:26 1983
4x100m	59.6 1979	57.2 1976	53.9 1984 N. Walton S. Russell S. Brown M. Marshall	51.9 1982 L. Cross S. Lerner J. McKoy Z. Hurdower		50.3 1982 S. McDonald J. McKoy Z. Hurdower S. Lerner
4x400m						3:59.4 2008 Charmaine Riley Jordan Kinney Justine Kinney Monique Powell / Chloe Robatha
High Jump	Jayne Harrison / Freya Liddington 1.15m 1979 / 2014	Jayne Harrison 1.38m 1981	Suzanne Bourne 1.53m 1977	Charlotte Underhill & C. Humphreys 1.55m 2010 & 1979	Charlotte Underhill 1.55m 2011	C. Humphreys 1.55m 1979
Long Jump	Rebecca Woodford 4.35m 1993	Rebecca Woodford 4.70m 1995	Lyndsey Singer 5.40m 1997	Debbie Harrison 5.40m 1995	Megan Evans 5.38m 2002	Hayley Jones 5.68m 1994
Triple Jump	n/a	n/a	n/a	Megan Evans 10.56m 2001	Megan Evans 11.09m 2002	Megan Evans 10.76m 2004
Pole Vault	n/a	n/a	n/a	Charlotte Last 2.00m 2012		
Javelin	n/a	Holly Barlow 24.99m 1999	Charlotte Gimson 35.25m 2006	Charlotte Gimson 40.17m 2007	Charlotte Gimson 42.00m 2009	Anna Price 40.20m 2006
Discus	n/a	G. Hussey 15.64m 1982	Natalie Kerr 39.54 1994	Jane Smout 29.84m 1981	Naryman Ahmed 19.32m 2011	B. Malony 29.41m 1978
Shot Putt	n/a	Kathryn Smith 8.09m 2006	Natalie Kerr 11.28m 1994	Chrissie Prince 10.50m 2014	B. Malony 11.71m 1979	Stephanie Ashmore 8.63m 2011
Hammer	n/a	n/a	n/a		Kathryn Smith 24.65m 2011	Sharon Ralph 25.08m 2009



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Records - Veterans men



	M35*	M40	M45	M50	M55	M60	M65	M70	M75	M80
60m (Indoors)		John Topliss 7.4 1984	Donald Brown 7.27 2011	Ron Taylor 7.4 WR 1984/85/86	Ron Taylor 7.6 WR 1990	John Topliss 9.02 (Outdoors) 2004	Bill Morrow 10.04 1997		Bill Morrow 12.51 2005	
80m		Joe Caines 9.3 1995	Graham Felton 10.2 1995	Ron Taylor 9.6 1986						
100m		Peter Goulding 11.2 (hand time) ¹ 1991	Donald Brown 11.41 2009	Ron Taylor 11.38 ER 1985	Ron Taylor 11.3 1990	John Topliss 13.47 2005	John Topliss 14.11 2008	Bill Morrow 16.51 1999	Bill Morrow 19.69 2004	
150m		Joe Caines 17.0 1995								
200m		Joe Caines 22.3 BAR(40) 1992	Joe Caines 22.78 1998	Ron Taylor 22.91 WR 1986	Ron Taylor 23.03 WR 1989	John Topliss 27.9 2004	John Topliss 29.04 2008	Bill Morrow 34.43 1999	Tom Wyer 39.91 2006	
200m (Indoors)				Ron Taylor 23.8 WR 1986	Ron Taylor 24.7 WR 1990	Bill Morrow 32.5 1990				
300m		Joe Caines 37.1 1994	Trevor Brown 40.4 1986	Ron Taylor 36.3 WR 1986		Bill Morrow 51.7 1991				
400m	Fred Tremblay 55.0 2013	Joe Caines 50.5 BAR (44) 1996	Joe Caines 50.55 1998	Ron Taylor 51.8 WR 1986	Reg Phipps 56.4 1997	Reg Phipps 61.8 2004	Reg Phipps 67.9 2008	Tom Wyer 79.68 (Indoors) 2003		
800m	Fred Tremblay 1.57.03 2013	Les Duffy 1.56.02 BAR (43) 1989	Les Duffy 1.57.2 BR 1991	Reg Phipps 2.01.3 BAR (52) 1995	Reg Phipps 2.04.9 WR 1999	Reg Phipps 2.16.07 2005	Reg Phipps 2.31.2 2008	Tom Wyer 2.55.51 2002	Tom Wyer 3.19.8 2006	
800m (Indoors)					Reg Phipps 2.08.15 BR,ER 1999			Tom Wyer 2.55.3 2002	Tom Wyer 3.22.53 2006	
1500m	Nick Corker 4.13.38 2012	Les Duffy 4.02.0 1986	Les Duffy 4.18.3 1991	Reg Phipps 4.12.6 BAR (52) 1995	Reg Phipps 4.28.0 2000	Reg Phipps 4.44.52 2005	Reg Phipps 5.17.1 2008	Tom Wyer 6.01.32 2002	Tom Wyer 6.43.6 2006	
1500m (Indoors)									Tom Wyer 6.47.16 2006	
1 mile	Fred Tremblay 4.40.4 2013	Steve Mason 4.29.2 1985		Reg Phipps 5.09.2 1995						
3000m	Nick Corker 9.10.6 2013	Steve Mason 9.02.9 1987	Steve Mason 9.25.4 1990	Reg Phipps 9.20.7 1993	Reg Phipps 9.59.9 1999	Reg Phipps 11.00.2 2004	Roy Humpherson 12.01.6 2009	Tom Wyer 13.53.1 2003		
3000m (Indoors)				Peter Parker 9.44.57 2004						
5000m	Nick Corker 15.56.59 2013	Peter Parker 15.48.0 1995	Steve Marklew 16.45.2 2010	Peter Parker 16.59.74 2004						
10000m		Steve Mason 32.16.0 1985					Richard Cashmore 43.23.88 2004			
1500m walk		Mac Podmore 8.00.8 1985	Mac Podmore 7.52.6 1988							
2000m walk		Ron Payne 11.22.7 1990	Mac Podmore 10.43.1 1989	Ron Payne 10.19.5 1994	Mac Podmore 11.19.6 1997	David Fall 11.57.0 2006	Gordon Chapman 13.03.0 1997	Gordon Chapman 13.07.8 2002	Gordon Chapman 13.42.9 2007	Gordon Chapman 15.44.0 2012
3000m walk		Tony Smith 19.36 1984			David Fall 17.54.9 2004			Gordon Chapman 20.54.10 2006	Gordon Chapman 22.01.78 2007	
3000m walk (Indoors)					David Fall 18.32.54 2004					
5000m walk		Tony Smith 30.54.8 1984			David Fall 31.29.22 2004			Gordon Chapman 34.45.3 2004	Gordon Chapman 34.47 2007	
20000m walk									Gordon Chapman 2.42.01 2007	
60m hurdles			Donald Brown 8.66 2011	Donald Brown 8.73 2014						
100m hurdles				Donald Brown 14.79 2013						
110m hurdles		Donald Brown 16.83 2008	Donald Brown 16.26 2009							
200m hurdles		Mark Green 29.5 1988	John Topliss 32.0 1989							



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Records - Veterans men



	M35*	M40	M45	M50	M55	M60	M65	M70	M75	M80
400m hurdles	Nick Corker 65.1 2013	Arthur Orr 64.3 1985								
2000m steeplechase	Nick Corker 6.34.1 2014									
3000m steeplechase	Nick Corker 10.05.5 2013	Pat Johnson 11.23.2 1984	Mac Podmore 11.41.0 1988							
4x100m		Arthur Orr Barry Moulton Trevor Brown John Topliss 46.3 BR 1985	Graham Felton Reg Phipps Les Duffy Joe Caines 49.8 BR 1998							
4x100m (Indoors)		Trevor Brown Barry Moulton John Topliss Ron Taylor 48.1 WR 1985								
4x200m		Trevor Brown Arthur Orr John Topliss Ron Taylor 1.35.9 BR 1984	Graham Felton Reg Phipps Les Duffy Joe Caines 1.42.8 BR 1998	John Topliss Reg Phipps Peter Goulding Les Duffy 1.45.5 BR 1999						
4x200m (indoors)		Barry Moulton Arthur Orr John Topliss Ron Taylor 1.37.3 WR 1986								
4x400m		Peter Goulding Joe Caines Les Duffy John Topliss 3.34.51 BR 1992		Joe Cox John Topliss Reg Phipps Les Duffy 4.04.2 BR 1999						
Medley Relay 200/200/400/800		Les Duffy Graham Felton Peter Goulding Joe Caines 3.49.0 1993								
High Jump		Donald Brown 1.66 2008	Donald Brown 1.72 2009	Peter Goulding 1.55 1997	Joe Harrison 1.55 1993	Joe Harrison 1.45 1998	Jhalman Singh 1.02 2004			
Long Jump		Donald Brown 6.28 2008	Barrington Williams 7.03 (BR) 2001	Peter Goulding 5.22 1997	John Topliss 5.06 1999	John Topliss 4.8 2004	John Topliss 4.55 2005	Jhalman Singh 3.65 2011	Jhalman Singh 3.25 2013	
Long Jump (Indoors)									Bill Morrow 2.5 2005	
Triple Jump	Fred Tremblay 10.35 2013	Peter Goulding 11.86 1990	Barrington Williams 11.97 2001	John Topliss 10.48 1994	John Topliss 10.3 1999	John Topliss 9.57 2003	John Topliss 8.58 2010		Bill Morrow 4.2 2008	
Pole Vault		Arthur Orr 3.0 1986	Arthur Orr 3.25 1992	Arthur Orr 3.25 1994		David Price 1.6 2004				
Javelin (600)						David Price 36.91 2001	David Price 34.14 2006	David Price 32.09 2012	Tom Wyer 19.03 2006	
Javelin (700)				David Price 48.34 1990	Ron Taylor 41.04 1990	David Price 36.16 2002	David Price 31.6 2007	David Price 29.73 2012		
Javelin (800)		Donald Brown 39.55 2008	John Topliss 35.5 1991			David Price 35.43 2001	David Price 28.74 2007			
Discus (1kg)						Graham Felton 31.22 2012	Tom Wyer 26.61 1999	Tom Wyer 25.89 2003	Tom Wyer 20.76 2006	
Discus (1.5kg)				Graham Young 30.58 1992	Graham Young 27.34 1997	Graham Felton 25.67 2013				
Discus (2kg)		Kevin Brown 57.84 2007	Kevin Brown 53.65 2010			Graham Young 22.66 2002				
Shot Putt (5kg)						Graham Felton 10.47 2009	Terry Cole 9.78 2009	Jhalman Singh 9.04 2008	Jhalman Singh 8.31 2013	



Royal Sutton Coldfield Athletics Club

Records - Veterans men



	M35*	M40	M45	M50	M55	M60	M65	M70	M75	M80
Shot Putt (6kg)				Graham Felton 9.87 2002	Graham Felton 9.85 2004	Graham Felton 9.5 2009	Terry Cole 9.07 2008			
Shot Putt (7.26kg)		Kevin Brown 12.39 2009	Donald Brown 12.1 2009		Graham Felton 9.17 2004	Graham Felton 8.68 2012	Jhalman Singh 6.2 2006			
Hammer (5kg)						Graham Felton 27.46 2013				
Hammer (6kg)				Donald Brown 31.60 2014	Graham Young 27.36 1997	Graham Young 22.92 2004				
Hammer (7.26kg)		Donald Brown 32.02 2008	Kevin Brown 36.58 2011			Graham Young 20.88 2002	David Price 13.22 2006			
Pentathlon						John Topliss 2558 2004	Tom Wyer 2254 1998	Tom Wyer 2549 2004	Tom Wyer 2175 2006	
Pentathlon (Indoors)			Donald Brown 3634 2009							
Decathlon		Donald Brown 5483 2008								

Key
 BR British Record
 BAR British Age Record
 ER European Record
 WR World Record

The performances denoted as British, European and World records were records at the date achieved.

¹ 100m V40 men - An electronic time of 11.28 was recorded for Joe Caines in 1993

* Records include performances from 2010 onwards. No records were maintained prior to this date.



Royal Sutton Coldfield Athletics Club

Records - Veterans women



	W35	W40	W45	W50	W55	W60	W65	W70	W75
60m	Fiona Ellis 8.29 2014	Emily McMahon 8.62 1994	Maureen Lewington 8.42 1997	Maureen Lewington 8.42 British Record 1998	Maureen Lewington 9.09 2004				
60m Hurdles		Emily McMahon 10.85 1994							
100m	Fiona Ellis 13.06 2013	Sandra McDonald 13.5 2002	Maureen Lewington 13.00 1996	Maureen Lewington 13.1 1999	Viv Bonner 13.68 2007	Maureen Lewington 14.4 2008			
200m	Sandra McDonald 26.7 1997	Sandra McDonald 27.8 2004	Maureen Lewington 26.91 1996	Maureen Lewington 27.1 1997	Viv Bonner 28.23 2007	Maureen Lewington 31.0 2008			
200m (indoors)	Sandra McDonald 26.75 1998			Maureen Lewington 28.24 British Record 2001	Maureen Lewington 28.8 2004				
200m (hurdles)	Sandra McDonald 33.4 1996								
400m	Sandra McDonald 59.9 1997	Sandra McDonald 63.2 2000	Sue Curry 2007 70.1	Maureen Lewington 65.04 1997	Viv Bonner 71.1 2007	Fleur O'Brien 93.5 2012			
400m hurdles	Rita Hinds 80.4 ?								
800m	Chris Rollason 2.29.0 1989	Rita Hinds 2.33.9 1987	Pat Gorman 2.39.7 2003	Lesley Foulger 2.54.8 1997	Lesley Foulger 3.05.1 2001	Fleur O'Brien 3.28.4 2012			
1500m	Chris Rollason 5.08.0 1987	Rita Hinds 5.17.9 1986	Pat Gorman 5.23.4 2003	Petra Knowles 5.50.7 2009	Anne Roberts 6.27.7 2006				
1500m walk	Ann Mason 9.44.0 1985	Ann Mason 10.17.0 1989							
2000m walk	Heather Payne 13.39.4 1986	Mary Williams 11.38.1 1997	Mary Williams 11.23.8 2001	Zeta McDonald 13.14.4 2007	Pam Lay 13.46.8 2007	Beryl Chapman 13.36.5 1994	Beryl Chapman 14.09.0 1998	Beryl Chapman 15.15.9 2005	Beryl Chapman 16.39.6 2010
3000m walk								Beryl Chapman 23.56.51 2005	Beryl Chapman 27.19.32 British Record 2008
5000m walk								Beryl Chapman 40.22.2 2004	
3000m	Andrea Deathridge 10.51.1 2013	Petra Knowles 10.45.5 2002	Sue Curry 11.28.1 2008	Petra Knowles 12.02.9 2009	Anne Roberts 13.24.4 2006				
5000m	Chris Rollason 18.45.5 1989								
4x100m	55.2 1997 British Record Jenny Tompkins Sandra McDonald Jean Hall Maureen Lewington								
4x400m	4.36.1 1996 Jenny Tompkins Olga Codrington Sandra McDonald Maureen Lewington								
4x200m	1.54.6 1996 British Record Jenny Tompkins Olga Codrington Sandra McDonald Maureen Lewington								
Medley (200m / 200m / 400m / 800m)	4.59.9 2004 Maureen Lewington Sandra McDonald Bernadette O'Brien Gaynor Sergiew								
High Jump	Sandra McDonald 1.28m 1997	Sandra McDonald 1.20m 2000/2004	Sandra McDonald / Janice Pryce 1.30m 2005	Janice Pryce 1.25m 2012					
Long Jump	Janice Pryce 4.78m 1999	Janice Pryce 5.21m 2000	Janice Pryce 4.52m 2005	Janice Pryce 4.61m 2012	Maureen Lewington 3.82m 2005	Fleur O'Brien 2.12m 2012			
Long Jump (indoors)		Janice Pryce 5.02m 2001	Janice Pryce 4.68m 2006	Janice Pryce 4.54m 2012					
Triple Jump		Janice Pryce 11.42 British Record 2002	Janice Pryce 9.96m 2004	Janice Pryce 9.92 BR 2012					
Triple Jump (indoors)		Janice Pryce 11.14m World Record 2001	Janice Pryce 10.65m British Record 2006	Janice Pryce 10.31m British record 2012					
Pole Vault									
Javelin	Ann Roberts 19.48 1987	Margaret Riley 22.50m 1989	Maureen Lewington 19.16m 1996	Maureen Lewington 22.54m 1998	Maureen Lewington 16.46m 2003	Maureen Lewington 16.83m 2010	Maureen Lewington 17.03m 2012		
Discus	Ann Mason 18.98m 1985	Ann Mason 16.81m 1987	Maureen Lewington 22.49m 1993	Maureen Lewington 22.68m 1997	Maureen Lewington 19.63m 2002	Maureen Lewington 19.59m 2009	Maureen Lewington 16.53m 2012		
Shot Putt (3kg)				Lorna Foster 9.63m 2013		Maureen Lewington 8.03m 2008	Maureen Lewington 7.19m 2012		
Shot Putt (4kg)	Ann Mason 5.40m 2008	Ann Mason 6.98m 1986	Maureen Lewington 8.51m 1996	Lorna Foster 8.63m 2013	Maureen Lewington 8.49m 2002	Maureen Lewington 6.60m 2007			
Hammer		Fiona Smith 23.68m 2007	Fiona Smith 25.30m 2009	Fiona Smith 23.71 2013					

The performances denoted as British/World records were records at the date achieved.