



Royal Sutton Coldfield

Athletics Club



Affiliated to England Athletics

Presents the
19th Running of the

LITTLE ASTON 5 MILE

ROAD RACE + 2 MILE JUNIOR RACE & FUN RUN

11.00 am SUNDAY 2nd SEPT 2012

Venue: Recreation Ground, Forge Lane
Little Aston, Sutton Coldfield B74 3BE

HYDRO

**Midland Air Ambulance
Help for Heroes**

Sponsored by Hydro Mechanical Services Ltd
Tel: 0121 378 4000

**Donations to Midland Air Ambulance
and Help for Heroes**

Entry fee: **Road Race:** £8.00 in advance (£10.00 on race day) Entrants must be 15 yrs or over on race day
Fun Run: £3.00 all ages – Junior race entrants must be under 15 yrs on race day

Entries: **S.A.E.** to: **LITTLE ASTON 5**, 3 Elmtree Rd. Streetly, Sutton Coldfield B74 3RY
Tele: 0121 353 3382 – Cheques payable to R.S.C.A.C

Closing Date for postal entries 24th August 2012 - Entries received after that date can be collected on race day
Entries on the day up to 10.15 am

LA5 Road Race:

Trophies: 1st & 2nd Male & 1st & 2nd Female
Plus prizes for 5yr age categories

Fun Run:

1st Junior Male & 1st Junior Female U15 yrs
1st Junior Male & 1st Junior Female U13 yrs
1st Junior Male & 1st Junior Female U11 yrs

Only 1 prize per athlete - Mementos to all finishers

The course is unsuitable for pushchairs

Entries limit: Road Race 300 - Fun Run 100 - Entries on day if limit is not reached

Supported by:	Midland Supply (Trophies) 42 Russell Bank Road Sutton Coldfield B74 4RQ Tele: 07776 481760 Fax: 0121 5541857 Email: bobmidlandsupply@hotmail.com	William Wheat & Son Ltd (Flowers and plants for your home & garden) 520 Chester Road Aldridge WS9 0PU Tele: 0121 353 7123/4090
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RACE NO	5 MILE	FUN RUN	RESULTS £1.00
Official use only	(Tick where Appropriate)		

SURNAME: _____ FIRST NAME: _____

ADDRESS: _____

POSTCODE: _____

CLUB: _____ AGE ON RACE DAY _____ DOB _____ M/F _____

TEL NO: _____ Email: _____

I, the undersigned, understand that I participate in this event at my own risk and that the organizers will not be held responsible for any injuries sustained by me, or any property lost or stolen, before during or after the event

Signed (Parent or guardian if entrant is under 15 yrs)