



# Royal Sutton Coldfield



## Athletics Club

Affiliated to England Athletics

Presents the

19<sup>th</sup> Running of the

# LITTLE ASTON 5 MILE

## ROAD RACE + 2 MILE JUNIOR RACE & FUN RUN

11.00 am SUNDAY 2nd SEPT 2012

Venue: Recreation Ground, Forge Lane

Little Aston, Sutton Coldfield B74 3BE

**HYDRO**

Midland Air Ambulance  
Help for Heroes

**Sponsored by Hydro Mechanical Services Ltd**

**Tel: 0121 378 4000**

**Donations to Midland Air Ambulance**

**and Help for Heroes**

Entry fee: **Road Race:** £8.00 in advance (£10.00 on race day) Entrants must be 15 yrs or over on race day  
**Fun Run:** £3.00 all ages – Junior race entrants must be under 15 yrs on race day

Entries: **S.A.E .to: LITTLE ASTON 5**, 3 Elmtree Rd. Streetly, Sutton Coldfield B74 3RY

Tele: 0121 353 3382 – Cheques payable to R.S.C.A.C

Closing Date for postal entries 24<sup>th</sup> August 2012 - Entries received after that date can be collected on race day

Entries on the day up to 10.15 am

**LA5 Road Race:**

Trophies: 1<sup>st</sup> & 2<sup>nd</sup> Male & 1<sup>st</sup> & 2<sup>nd</sup> Female

Plus prizes for 5yr age categories

**Fun Run:**

1<sup>st</sup> Junior Male & 1<sup>st</sup> Junior Female U15 yrs

1<sup>st</sup> Junior Male & 1<sup>st</sup> Junior Female U13 yrs

1<sup>st</sup> Junior Male & 1<sup>st</sup> Junior Female U11 yrs

**Only 1 prize per athlete - Mementos to all finishers**

**The course is unsuitable for pushchairs**

Entries limit: Road Race 300 - Fun Run 100 - Entries on day if limit is not reached

Supported by:

Midland Supply (Trophies)

42 Russell Bank Road

Sutton Coldfield

B74 4RQ

Tele: 07776 481760 Fax:0121 5541857

Email: [bobmidlandsupply@hotmail.com](mailto:bobmidlandsupply@hotmail.com)

William Wheat & Son Ltd

(Flowers and plants for your home & garden)

520 Chester Road

Aldridge

WS9 0PU

Tele: 0121 353 7123/4090

RACE NO	5 MILE	FUN RUN	RESULTS £1.00
Official use only	(Tick where	Appropriate)	

SURNAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTCODE: \_\_\_\_\_

CLUB: \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_ DOB \_\_\_\_\_ M/F \_\_\_\_\_

TEL NO: \_\_\_\_\_ Email: \_\_\_\_\_

I, the undersigned, understand that I participate in this event at my own risk and that the organizers will not be held responsible for any injuries sustained by me, or any property lost or stolen, before during or after the event

Signed ..... (Parent or guardian if entrant is under 15 yrs)