



Royal Sutton Coldfield



Athletics Club

Affiliated to England Athletics
Presents the

20th LITTLE ASTON 5

5 MILE ROAD RACE + 2 MILE FUN RUN

11.00 am SUNDAY 1st SEPT 2013

Venue: Recreation Ground, Forge Lane
Little Aston, Sutton Coldfield B74 3BE

Sponsored by:



Mechanical Services Ltd.
Tel: 0121 378 4000

Donations to:

Midland Air Ambulance
Help for Heroes
Birmingham Children's Hospital

Entry fee: **Road Race:** £8.00 in advance (£10.00 on race day) Entrants must be 15 yrs or over on race day
Fun Run: £4.00 all ages – Junior race entrants must be under 15 yrs on race day

Entries: **S.A.E. to: LITTLE ASTON 5**, 3 Elmtree Rd. Streetly, Sutton Coldfield B74 3RY
Tele: 0121 353 3382 – Cheque payable to R.S.C.A.C

Closing Date for postal entries 19th August 2013 - Entries received after that date can be collected on race day
Entries on the day up to 10.15 am

LA5 Road Race:

Trophies: 1st & 2nd Male & 1st & 2nd Female
Plus prizes for 5yr age categories
1st Team - Trophies

Fun Run:

1st Junior Male & 1st Junior Female U15 yrs
1st Junior Male & 1st Junior Female U13 yrs
1st Junior Male & 1st Junior Female U11 yrs

Only 1 prize per athlete - Mementos to all finishers
The course is unsuitable for pushchairs

Entries limit: Road Race 300 - Fun Run 100 - Entries on day if limit is not reached

Supported by:

Midland Supply (Trophies)
103 Burnham Road
Great Barr
B44 8HX
Tele: 07776 481760
Email: sales@midlandsupply.co.uk

William Wheat & Son Ltd
(Flowers and plants for your home & garden)
520 Chester Road
Aldridge
WS9 0PU
Tele: 0121 353 7123/4090

RACE NO	5 MILE	FUN RUN	RESULTS £1.00
Official use only	Tick where	appropriate	

SURNAME: _____ FIRST NAME: _____

ADDRESS: _____

POSTCODE: _____

CLUB/TEAM _____ FOUR TO COUNT. TROPHIES TO 1ST Team

DATE OF BIRTH _____ AGE ON RACE DAY _____ M/F _____

TEL NO: _____ Email: _____

I, the undersigned, understand that I participate in this event at my own risk and that the organizers will not be held responsible for any injuries sustained by me, or any property lost or stolen, before during or after the event

Signed (Parent or guardian if entrant is under 15 yrs)